

QUICK BRIEFS

17th Training Support Squadron Change of Command: The 17 TRSS is scheduled to conduct a change of command ceremony Tuesday at 10 a.m. at the Goodfellow Club. POC: 654-5023

Lt Col. Shane Smith will relinquish command of the squadron to Lt. Col. Robert Ehlers.

Dress for military is duty uniform, or business attire for civilians.

For more information about the change of command refer to the contact number listed.

Mandatory meeting: The Goodfellow Dorm Council is scheduled to host a mandatory meeting for all permanent party dorm residents today at 2 p.m. at the Goodfellow Club.

Quarterly Awards: The next 17th Training Wing Quarterly Awards ceremony is scheduled to take place Tuesday at 7:30 a.m. at the Goodfellow Club.

Attire for military is duty uniform, business dress for civilians. Light refreshments will be served. R.S.V.P. by today.

For more information, call 654-5400.

Attention All Goodfellow Users: The AETC NOSC has rescinded the policy requiring all workstations to automatically be logged off within 15 minutes of the CAC being removed from the workstation. If you remove your CAC from the reader, your workstation should automatically lock the session, but should not log you off after any period of time.

If you have any questions regarding this policy or how it may affect you, please contact your unit CSA.

17 LRS member named 2nd AF Civilian of the Quarter

BY AIRMAN 1ST CLASS LUIS LOZA GUTIERREZ

EDITOR

Jane Rogge, a 17th Logistics and Readiness Squadron supply technician was recognized by 2nd Air Force as the Civilian of the Quarter (entry-level category).

"I received notification through an e-mail. I was very surprised and grateful to be singled out as our wing has a lot of good people who are equally deserving," said Mrs. Rogge.

"I have been so blessed to work with so many great people. I am very grateful to my supervisors and coworkers for the help and recognition," she added.

The 2nd Air Force Civilian of the Quarter award recognizes the outstanding achievements and accomplishments of a civilian's job performance, including contributions to mission effectiveness, leadership and mentorship in the workplace and professional and career development and improvement. To a lesser degree, nominations also emphasize contributions, participation and activities outside of job duties.

Joseph Dobson, Mrs. Rogge's first-line supervisor, and Alan Keenum, 17 LRS chief of supply, nominated Mrs. Rogge.

Mr. Keenum was glad to express a few thoughts about Mrs. Rogge's recent award and why he believed she was deserving of such recognition.

"Mrs. Rogge is one of the hardest workers I've ever known. Extremely dedicated, she received praise from the Air Education and Training Command Inspector General in February 2006 for her outstanding management of the wing's \$30 million equipment account.

"She is a key player in the deployment of our war-fighters and she treats each deployee with a mother's care and concern," said Mr. Keenum.

"Mrs. Rogge is loyal to the unit and is involved in every aspect of its operation. Mrs. Rogge is humble and extremely caring. She is heavily involved in the Child Advocacy Program in the Concho Valley, to which she devotes a large amount of time and financial resources," Mr. Keenum concluded.

Mrs. Rogge has received other notable awards and recognition. Some of the most notable are 17 LRS Civilian of the Year 2005, 17th Mission Support Group Civilian of



Photo by 17th Communication Squadron Multimedia Services Center

the Quarter first quarter 2006 GS-06 and below, 17 LRS 2004 Woman of the year, and 17 MSG Civilian of the Quarter GS-06.

Uniform board to release revised AFI

WASHINGTON -- An update to Air Force Instruction 36-2903, Air Force Uniform Dress and Appearance, will soon be released, said Air Force officials.

A key feature of this updated instruction will be the return of heritage to the enlisted corps -- chevrons on the sleeves and circles around the U.S. insignia.

"Over the years, we've made changes that made sense at the time, but had the effect of moving us away from our heritage," said Air Force Chief of Staff Gen. T. Michael Moseley. "Chevrons on sleeves and circles around the U.S. insignia are historical symbols of the finest noncommissioned officer corps on the planet. We need to return that heritage to them and reconnect them to the great NCOs who went before them."

The circle around the U.S. was eliminated in 1991, said Senior Master Sgt. Dana Athnos of the Air Force Uniform Board.

"Yet, every uniform board since received requests to return that to the enlisted force, so it has been done," she said. "Wearing the circle on the lapel has a lasting heritage that dates back to April 27, 1918."

The change will include the removal of senior NCO shoulder boards from the blue uniform and from all upper garments, except the optional wool sweaters. Implementation dates will be reflected in the revised AFI.

The updates will also include information about the new air staff badge and new space badge. Desert combat uniforms are now only authorized on

civilian flights to and from the area of responsibility. Also, Air Force personnel are not authorized to wear desert boots with the battle dress uniform.

As a reminder, Oct. 1 marks the mandatory wear of physical training gear. All Airmen will be required to have one running suit, two T-shirts and two pairs of shorts. Also beginning in October, enlisted Airmen will receive an increase in their clothing allowance to offset the increase of the mandatory number of T-shirts and shorts from two sets to three sets in October 2007.

Air Force officials emphasized that Airmen should not wait until October to purchase these items. The revised AFI will clarify wear of the PT gear by specifying that when doing organized PT, the shorts and T-shirts will be worn as a set and not mixed with civilian clothes; however, at other times the PT gear, to include the running suit, can be worn with civilian clothes.

More clarification will be provided about sister service badges, as well as cell phone use in uniform. New guidance about the wear of flight clothing also is incorporated in the updated document.

The new AFI will be available for all Airmen later this month.

"The Air Force Uniform Board, chaired by Air Force A1, reviews any matters related to Air Force uniforms involving possible improvements, and in turn, provides recommendations to the chief of staff for a final decision," Sergeant Athnos said. "It's a deliberate process that is focused on feedback from the field to better accomplish our mission."

Got Coffee? We do!

BY AIRMAN 1ST CLASS STEPHEN MUSAL

STAFF WRITER

The 17th Services Division is set to construct a licensed Starbucks coffee shop in the Norma Brown (headquarters) Building this summer.

Goodfellow residents could be drinking lattes in what has been the break area of the headquarters building by Labor Day, said Joe Caruso, community support flight chief for 17 SVS.

The coffee shop will be run by the Thede Bowling Center staff, and has projected hours of 6 a.m. - 7 p.m. Monday through Friday, Mr. Caruso said.

The project has officially been in the

works since December 2005. Construction on the counters is being done by the Services Wood Hobby Shop and the 17th Civil Engineer Squadron is handling the electrical work.

Due to a grant from Air Education and Training Command, the construction project will not cost Goodfellow anything, said Mr. Caruso.

The idea was first suggested in September 2005, with a plan to put the coffee shop in the Thede Bowling Center. Col. Stephen Czerwinski, 17th Mission Support Group commander, suggested putting it in the new wing headquarters building, and the location stuck, Mr. Caruso said.



Mexican border town policies

By order of Col. Scott Bethel, 17th Training Wing commander, the cities of Ciudad Acuña and Piedra Negras adjacent to Del Rio and Eagle Pass, Texas, are off limits to all military personnel during hours of darkness.

In addition, "Boys Town" in Ciudad Acuña is strictly off limits at all times to all Goodfellow military, including active duty, guard and reserve personnel.




These actions are being taken to ensure the safety of all Goodfellow personnel. These restrictions will remain in place until further notice.

All other Goodfellow personnel, including Department of Defense civilian employees, contractors and family members, are advised to exercise appropriate caution.

INDEX

Commentary _____ 2
News _____ 3
Services _____ 3, 5
News Briefs _____ 5
Community _____ 7, 8
Sports _____ 9

WEEKEND FORECAST

Friday	High: 103	
Sunny	Low: 73	
Saturday	High: 97	
Mild T-Storms	Low: 70	
Sunday	High: 97	
Mild T-Storms	Low: 71	

INSIDE THIS WEEK

PRaise
CRAZE
Page 3



SAFETY TIP OF THE WEEK

A lightning warning is in effect whenever any lightning is occurring within a radius of five nautical miles. Personnel in affected locations or engaged in affected activities will need to take shelter. AFI 91-501, Chapter 11.

Response Line



The Response Line is a communications tool provided for everyone with comments, questions, complaints and suggestions. I am committed to provide the best services and programs to all of our customers, and you can help to make them even better. If there is a way we can make something better, I ask that each individual contact the specific organization, try to resolve any concerns at the lowest level, and then follow the chain of command.

If the process does not produce results, please send an e-mail to:

17trw.responsesline@goodfellow.af.mil.

Your comments or questions will be recorded on to a document.

Be sure to include your name and a phone number where you may be contacted for more information or a personal response. Items of general interest may be printed in the Goodfellow Monitor.



Bethel

Alternative Dispute Resolution	654-4690
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Fraud/waste/abuse hotline	654-3048
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Goodfellow Monitor



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Editorial content is edited, prepared and provided by the public affairs office of the 17th Training Wing. The staff reserves the right to edit for style, clarity, consistency and space. The staff also reserves the right not to print any submission. All photographs are Air Force photographs unless otherwise indicated.

Submission deadline

Deadline to submit articles for inclusion in the Monitor is 10-calendar days before publication. The staff accepts stories via e-mail to monitor@goodfellow.af.mil.

Advertising

For information about placing commercial advertisements in the Monitor, call the Standard-Times at 659-8309. To place classified ads, call 655-SELL (7355).

On that day - a reminder of why the national anthem plays

By MAJ. MIKE STOLT

97TH FLYING TRAINING SQUADRON

SHEPPARD AIR FORCE BASE, Texas -- It was a hot Tuesday afternoon. I was leaving Bldg. 402 after updating my base vehicle sticker.

As I walked toward the double-glass doors leading to the parking lot, I encountered a small group of people standing just inside the door -- two Airmen, a civilian employee and one captain. As I reached for the door, the captain said, "You don't want to go out there right now."

I looked out and saw traffic stopped and several people standing in the hot July sun, gazing westward, some saluting, some standing at attention and some with their hands laid on their chests.

No, I don't really want to go out there right now. I looked at my watch -- 4:30 p.m.

I stood with the group that now numbered five. No one spoke. One Airman made a call on her cell phone, the other shifted his gaze back and forth between his shoes and the wall. The captain sifted through a folder of papers. The civilian and I watched through the glass doors as a technical sergeant stood at attention, saluting ... a sweat ring growing on his back. It seemed to go on forever.

The base loudspeakers squeaked out the last recorded notes of the national anthem. The cars rolled forward, the technical sergeant

lowered his salute. The civilian pushed our door open and walked out. The rest of us followed. When the heat hit me, I felt fortunate that my timing had kept me inside during the long ceremony.

I thought about that day for weeks. Images of the episode flashed through my mind as if I'd witnessed a crime -- the plate-sized sweat ring, the glow of the cell phone on the Airman's cheek, the civilian's hand resting on the door handle, the glare of the sun, the heat.

I recently read an article about the war on terror and learned that we average 2.35 Americans dead and 10 wounded every day in the area of responsibility. That day leapt back into my thoughts. A few hours of research helped me identify the date -- July 14, 2005.

On July 14, 2005, 23-year-old Cpl. Chris Winchester and 22-year-old Cpl. Cliff Mounce were killed when their vehicle was targeted by an improvised explosive device in Baghdad.

On that day, 21-year-old Pfc. Tim Hines Jr. died when an IED hit his Humvee.

On that day, 34-year-old Staff Sgt. Tricia Jameson was killed by a secondary IED while she was treating a victim of the primary IED. She, Chris Winchester and Cliff Mounce all died in Trebil. We can assume she was treating Chris, Cliff or another in their group. She volunteered to go to Iraq and had been in-country three weeks.

On that day, four American Soldiers died in Iraq and numer-

ous others were wounded.

On that day, four families were plunged into mourning.

On that day, I flew one sortie, sifted through e-mail, updated my base vehicle sticker and hid from the heat behind a glass door.

Why does it matter that I avoided participating in retreat? Some may think it's silly symbolism, that it's not real. An aircraft is real. A computer, a vehicle sticker -- they're real.

I believe that anything that you allow to move you, or that inspires those around you to search their hearts, is as real as the bomb that tore Chris Winchester's body apart last summer. Anything that forces an entire base to stop and listen to their thoughts for a while is real. Anything that causes you to pause and acknowledge that American Soldiers may be under fire as you listen to the national anthem is real.

As we five stood inside that doorway, the Soldiers killed and wounded that day may have been bleeding, screaming and dying in the sand.

If my timing is ever again as perfect as it was that day, I'll be prepared. I'll be ready with, "Yes, I do want to go out there right now." You may not come with me, but I'll bet you think about it for weeks.

If I had stepped outside to pay respect to the flag and to the four Soldiers who died that day, how long would it have taken?

One minute and 28 seconds.



Photo by Master Sgt. Theresa Meyer

NCO Academy class graduates

Goodfellow NCO Academy class 06-5 graduated July 13. From left to right, graduates are (back) Tech. Sgts. Michael Burns, Dennis Dedrick and Joseph Stacker, and (front) Tech. Sgts. Lawrence Richards, Robert Thomas and Daniel Newell.

Insight on the Rising Six

By AIRMAN 1ST CLASS LUIS LOZA GUTIERREZ

EDITOR

The Goodfellow Rising Six shares insight to why people should join and support the organization.

"The Rising Six provides a forum for the junior enlisted force of Goodfellow to voice their concerns on important matters. It provides opportunities to practice and refine your leadership skills. It is without a doubt a great organization for those who wish to become 'agents of change'," said retired Chief Master Sgt. Kathy Prince, former senior NCO advisor of the Rising Six.

The Goodfellow Rising Six was founded in 2003. It currently has a total of 40 members. The Rising Six organiza-

tion's elected officers are Senior Airman Yukubu Carriker, president; Staff Sgt. Jason Terwilliger, vice president; Senior Airman Ben Eichler, secretary; and Senior Airman Anisa O'Dell, treasurer. Senior Airman Carriker shared several reasons on why it's

important to join and support the organization.

"First of all, the Rising 6 is an organization that is here to support the junior enlisted forces on Goodfellow. We do this by sponsoring the NCO induction ceremony and promotion parties for all newly selected staff sergeants each year," said Senior Airman Carriker.

"Another reason a person should consider joining and supporting is because we also provide support to our local community, thereby displaying a positive military image of servicemembers within the community. Programs like Christmas in April, Adopt a highway, American Literacy Council and various other community events and functions are examples of how our organization accomplishes these things.

"Finally we look after our own. SAMS place, which is our version of the Airmen's attic, is a free store that any-

SEE SIX ON PAGE 5

DID YOU KNOW?



This Week in Air Force History

July 21

1961: America's second Project Mercury astronaut, Capt. Virgil I. Grissom, attains an altitude of 118 miles and flies 5,310 mph in a 303-mile sub-orbital space flight from Cape Canaveral in the Liberty Bell 7 capsule.

July 26

1947: President Harry S. Truman approves the National Security Act of 1947. He also issues Executive Order 9877, which by presidential directive outlines the duties of the three services.

Each is responsible for the area in which it operated -- ground, sea and air, although the Navy retained an air arm and the Marine Corps.

July 27

1976: An SR-71 flies at a speed of 2,092.29 mph over a 1,000-kilometer course over Edwards AFB, Calif. This flight sets three closed-circuit records: world absolute speed; world jet speed with 1,000-kilogram payload; and world jet speed without payload.

August 1

1990: Air Force Space Command establishes first space system infrastructure to directly support a military conflict. The satellite systems will relay communications, provide meteorological data and detect short-range missile launches.

SUMMER PRAISE CRAZE



Grupo Adoración performs a Christian worship song at Praise Craze.



Members of the Goodfellow Hispanic Heritage Committee serve food from HHC corn-in-a-cup booth. Right: Tech. Sgt. John Kittles and family.



Master Sgt. Sonya Mason, 17th Medical Group serves food from Goodfellow First Sergeant's Council booth.

On Saturday, more than 400 Goodfellow students, staff, families and local community members enjoyed live Christian music at the Goodfellow Rec Camp at Lake Nasworthy during the first-ever Summer Praise Craze Christian Outreach concert, hosted by the Protestant Chapel Community.

The event featured musical performances by six local top-notch groups, as well as the Deuce Praise Team and Group 180°. Each group provided a different flavor of music - from Gospel, Rock, Country and Bluegrass to Tejano, Cumbia, Latin and Rap - all with one purpose: to praise God. Also, two children from the local area performed a beautiful dance interpretation of Chris Tomlin's "How Great is our God." It was a day full of uplifting music combined with an outreach message.

The Goodfellow First Sergeant's Council, Hispanic Heritage Committee and Airmen Against Drunk Driving sold food and beverages, raising funds for their organizations.

Other organizations provided important information and services. Paul Buckingham, Goodfellow's Sexual Assault Response Coordinator, teamed-up with the Concho Valley Rape Crisis Center to hand out information pamphlets to attendees, and United Blood Services

brought their blood mobile to the event. They received 11 donations.

"This was a good result for UBS, especially considering that we were only there for three hours," said Gloria Johns with UBS. "Each blood donation can translate into several blood products; a lot of people will be helped because we were able to be a part of the event," she continued. "The entire United Blood Services crew enjoyed the event, myself especially. The music was inspirational."

Attendees enjoyed the afternoon playing volleyball, basketball, canoeing and enjoying the music. Families and children also enjoyed the Children's Area, with arts and crafts, face painting and the ever-popular bouncy castle.

This event would not have been possible without the volunteer support from the entire base. The student and permanent party support was incredible, and I'd like to personally thank all of our volunteers.

If you missed this year's event, keep an eye out for a similar event next year ... it's sure to be even bigger and packed full of outreach. God Bless! (Story by Tech. Sgt. Kelly Bales, contemporary praise team music director. Photos by Staff Sgt. Gina O'Bryan. Photo on Page 1 by Capt. Michael Goecker.)


At a Glance with Services

Friday 14	Saturday 15	Sunday 16	Monday 17	Tuesday 18	Wednesday 19	Thursday 20
TEXAS HOLD'EM POKER 7 p.m. in the Refuge Call 654-3247 TONIGHT! LIVE BAND "EMBER" PLAYING AT THE CLUB 9 p.m. Goodfellow Club Call 654-5327	HORSEBACK RIDING TRIP 10 a.m. Community Center Call 654-3247 Build Your Own Ice Cream Sundae Party At The Community Center TODAY! 2-5 p.m. We'll provide the goodies for you to create the perfect sundae. While supplies last.  At Bentwood Country Club August 8-12 Call 654-4705 Deadline TODAY!	BATTLE TO THE DEATH HALO2 TOURNAMENT 2 p.m. Community Center Call 654-3247 BOWLING & BURGERS 1-8 p.m. Thede Bowling Center Call 654-3227	BREAKFAST AT THE CLUB Breakfast Buffet At The Club Breakfast will be served from 6 to 9 a.m. Mon through Fri. Selections include: summer scrambled eggs, waffles & French toast, seasoned country potatoes, sausage, bacon, scones, bagels, coffee and a variety of teas.	WIN CASH!  TEXAS JACK BINGO Card Sales begin at 5 p.m. Early Bird Bingo at 6 p.m. Regular Bingo at 7 p.m. Community Center. Call 654-3247.	2-4-1 BATTING CAGE TOKENS Community Center Call 654-3247 CHILDREN'S STORYTIME AT THE LIBRARY Every Wednesday 10 a.m. Base Library Call 654-3232	COMICS ON DUTY 9 p.m. Goodfellow Club Call 654-5327 9-BALL POOL TOURNAMENT 6 p.m. Community Center Call 654-3247 POOL HOURS OF OPERATION China Beach Pool (shows will extend as staff is added) Mon, Wed, Thur, Fri 1 to 6 p.m. Sat & Sun 11 a.m. to 7 p.m. Closed Tuesday Rec Camp Pool Thur through Tues 12 Noon to 8 p.m. Closed Wednesday Mc Garry Pool Tue, Wed, Thur, Fri 1:30 p.m. to 7 p.m. Sat & Sun 11 a.m. to 7 p.m. Lap Swim 11 a.m. to 1:30 p.m. Closed Monday

Check us out on the web!
www.goodfellowservices.com
Give Us Your 2¢

Coming Back To Goodfellow Friday, July 14th
NEW LOCATION At The Club
 OFF THE GRILL MENU AVAILABLE
 OPEN TO ALL CLUB & GOODFELLOW PERSONNEL!
EMBER 9:00 p.m.

THESE GUYS ROCK!
\$3 - Club members & UBU
\$5 - Nonmembers
Order From the Grill


Mongolian BBQ Night

At The Club
Wed, July 19
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50¢ per oz
Goodfellow Club
Bldg 723 654-5327



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Photo by Senior Airman Michele Misiano

17th Comptroller Change of Command

Col. Scott Bethel (left), 17th Training wing commander, passes the 17th Comptroller Squadron guidon to the incoming commander, Maj. Stephen Cristofori, during a change of command ceremony July 14 at the Goodfellow Club. Lt. Col. Jeffrey Coggin relinquished command of the squadron to Maj. Stephen Cristofori.

NEW AVENGERS COME TO GOODFELLOW



The third issue of Marvel Comics' *The New Avengers* has been released as a free military tribute in Army and Air Force Exchange Service stores, AAFES announced in June.

Titled "Time Trouble," the issue features Marvel's superheroes "The New Avengers," including Captain America, Nick Fury and Luke Cage, along with special guests X-Men and Spiderman. The heroes are sucked through a time portal to World War II, where they must take on the evil Kang.

"Time Trouble" will be available on a first-come, first-served basis, AAFES said.

Captain tells story of burning lawnmowers and charred flesh

By CAPT. TEVAN GREEN

353RD OPERATIONS SUPPORT SQUADRON

Every summer we hear about the "101 Critical Days" from the safety folks, but to most Airmen, what is so critical about the sunny days of the summer?

One sunny, summer day I was preparing to cut the grass. I typically finished this task early to avoid being outside during the hottest part of the day, taking heed of the "101 Critical Days" warnings. Unlike most people, I cut my grass last, after edging and other yard duties, to let the early morning dew evaporate. It is not widely known that simply cutting grass in the morning is dangerous because of the potential to slip and get an appendage caught under the edges of the lawn mower. Knowing this detail, I felt that I was in control of my destiny and well ahead of the "101 Critical Days" curve.

I was using an Air Force self-help store lawn mower because mine was due an oil change. As far as I knew, the only differences in lawn mowers were push, riding, and bag or no bag. I was no more than two minutes from finishing the grass when I realized that the last section needed to be cut a bit lower than the rest. Without removing my headphones or the latex gloves that I had been wearing all morning, I decided to adjust the lawn mower height. This simply required lifting the lawn mower a bit to adjust the height of the tire. After releasing the power bar and killing the engine I reached above the blade carriage, but just below the starter cord; normally a safe place to reach on my personally-owned lawn mower. With my left hand in the aforementioned position, I lifted so I could adjust the tires with my free hand.

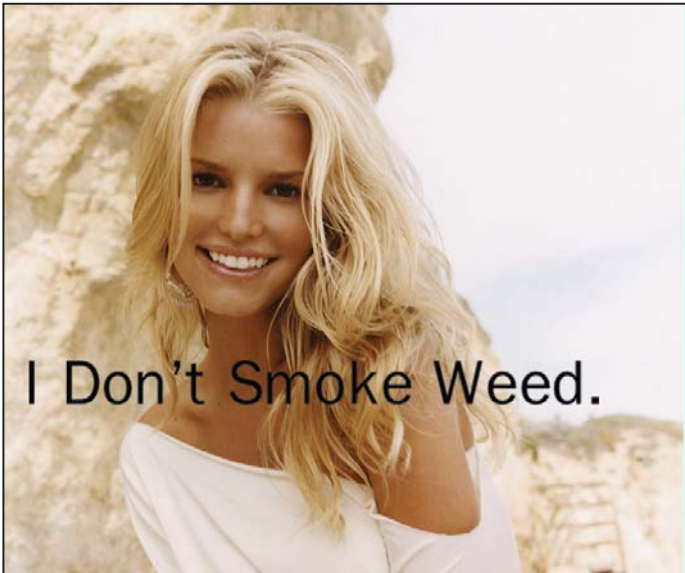
Immediately, an excruciating pain shot through my hand. I was lifting this lawn mower by the piping hot muffler! As quickly as I could, I dropped the lawn mower, vigorously waving my hand to shake off the pain. Unfortunately, the heat only intensi-

fied because I was still wearing a latex glove on my now-cooked appendage. After finally getting the glove off, I ran to the hose to pour cool water on the burn. I then realized that it was too severe for luke-cool faucet water and I needed to progress to ice. After different home remedy attempts, including the silly act of wearing an ice-filled latex glove to finish the lawn, I realized that the burn was too serious to be remedied at home. Half pride-filled and half distracted by pain, I quietly drove to the emergency room, unbeknownst to my wife who was busy in our house. Less than a quarter of a mile from the hospital, I began feeling light-headed and dizzy, but fortunately made it there safely.

The upshot of this day was that my wife read me the riot act for not telling her I needed to be treated at the emergency room and I finished my weekend with burns, medication, and heavily gauzed fingers. Every finger needed to be wrapped individually, which made me a strange sight when I returned to work Monday morning. During our squadron staff meeting, I preempted all questions by launching into a discussion of what led to my heavily gauzed hand. My main points were: safety is paramount, pay attention to the details, especially when dealing with unfamiliar equipment, and there is a reason why they call it "101 Critical Days of Summer."

While filling out my accident report, I realized what it was about the sunny, summer days that can be so critical. The sunny, summer days are the days you wait for all year long. Attention to detail falls by the wayside in lieu of fun in the sun, as did my attention to detail as I listened to music and grabbed a marked and identified muffler with a latex-covered hand. It only takes one mistake to char flesh or set you up for even worse, and I made quite a few mistakes.

On just one sunny, summer day, many things became critical to me personally, and I now understand the ramifications of having 101 of them all in a row.



I Don't Smoke Weed.

Respect, goals, and motivation are not things I want to lose over drugs.

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U.S. AIR FORCE
CROSS INTO THE BLUE

Changes of Command

- ◆ The 17th Logistics Readiness Squadron will conduct a change of command ceremony Thursday at 2 p.m. at the Goodfellow Club.
Lt. Col. Julie Plummer-Ashbaugh will relinquish command of the squadron to Maj. William P. Roberts.
POC: 654-3841
- ◆ The 17th Training Support Squadron will conduct a change of command ceremony July 25 at 10 a.m. at the Goodfellow Club.
Lt. Col. Shane Smith will relinquish command of the squadron to Lt. Col. Robert Ehlers.
POC: 654-5023

Dress for military is duty uniform, or business attire for civilians. For more information about the changes of command refer to the contact number listed.

Airman and Family Readiness

The Airman and Family Readiness Center (formerly known as the Family Support Center) offers the following services:

- ◆ **Car Buying 101:** Every Friday at 1 p.m. The class promotes the welfare of members by assisting them in making informed financial decisions before they enter into an agreement to purchase a vehicle.
- ◆ **Workforce Solutions of the Concho Valley:** Every Thursday from 9 a.m. to noon a representative from the Texas Workforce Commission is available at the Airman and Family Readiness Center Annex, Bldg. 246. They will be able to help with issues concerning unemployment compensation, job search, job training and help people create a draft resume in 30 minutes.
- ◆ **Personnel and Family Readiness Training:** Wednesday, 8-9 a.m. or 3-4 p.m. This is an annual requirement for those on mobility status, but is open to all active duty military. Spouses are encouraged to attend.
- ◆ **Investing 101:** Wednesday, 11 a.m. to 12:30 p.m. Learn the basic principles of investing; types of investment vehicles and how they work; and the power of compounding. This class is Part 2 of a Lunch and Learn Financial Series. Part 1, Secrets to Financial Success, is recommended but not required.
- ◆ **Sponsorship Training:** Friday, 8-9:15 a.m. Just being a sponsor is not enough; a sponsor must be motivated, concerned for the needs of the new-comer, and creative. During our training we will

enlighten the sponsor on available resources, relay some proven tools of good sponsorship, and ignite the spark for creative sponsorship.

- ◆ **Understanding Mutual Funds:** August 2, 11 a.m. - 12:30 p.m. Students learn to use mutual funds to meet short/medium range goals. They also learn to use mutual funds for a retirement account. Information is provided on evaluating and purchasing mutual funds. This class is Part 3 of a four-part Lunch and Learn Financial Series. The previous two parts, Secrets to Financial Success and Investing are recommended, but not required.

- ◆ **Prenatal Orientation / Bundles for Babies:** August 3, 1-3:30 p.m. If you are pregnant and have questions, this is the class for you. Get straight forward answers and information from a Certified Maternal/Child Nurse and receive a free "What To Expect When You're Expecting" book. We will also discuss financial planning for your new arrival and you will receive a free bundle full of essential baby care items. Registration required. Call the Life Skills Support Center at 654-3122.

Unless otherwise stated, classes are at the Airman and Family Readiness Center, Bldg. 300.

For more information or to sign up for a class, call 654-3893 or visit www.familysupportgoodfellow.org, click on "schedule a meeting," click on "events," then select the class.

Enlisted Spouses Group

- ◆ **Learn & Play Buncos:** Thursday, 6:30 p.m. in the Chapel Fellowship Hall. Bring a wrapped gift costing \$5 or less.
 - ◆ **Consultant's Bazaar:** The Enlisted Spouse's Group is holding a Consultant's Bazaar at the Chapel Fellowship Hall on August 3 from 5-8 p.m. Cosmetics, food, scrapbooking and stamping companies will all be represented. One evening presents many opportunities! Buy great things, book a party, join the fun!
- The Goodfellow Enlisted Spouse's Group is open to spouses of enlisted service members of all branches. We are a social group working to meet the needs of enlisted families at Goodfellow. There is no fee to be a member.
- For more information, contact Angie Wilson at (325) 212-1376 or GoodfellowESG@hotmail.com.



Chapel Schedule

CHAPEL WORSHIP SCHEDULE: The Goodfellow Chapel holds Catholic and Protestant services, religious education every Sunday and other programs.

- Catholic services:**
- ◆ Catholic services:
 - ◆ Sunday Mass at 9 a.m.
 - ◆ Noon Tuesday through Friday
 - ◆ CCD at 10:30 a.m. in Bldg 135 (Sept-May)
 - ◆ R.C.I.A. at 10:30 a.m. in Bldg 139 (Sept-May)
- Protestant services (Sundays):**
- ◆ 11 a.m., Traditional Protestant Worship Service
 - ◆ 2 p.m., Gospel Service
 - ◆ 6 p.m., New Life Contemporary Service
 - ◆ Sunday school for all ages at 9 a.m. in Bldg 135 (Sept-May)
 - ◆ Children's Church - Sundays with 10:30 a.m. worship service at Chapel
- Choir Practices (In Chapel)**
- ◆ 6 p.m. Traditional Worship Team, Thursdays
 - ◆ 5:45 p.m., Gospel Service, Thursdays
 - ◆ 6 p.m., Catholic Choir, Wednesdays
 - ◆ 7 p.m., New Life Contemporary Service, Thursdays
- Bible Studies:**
- ◆ Catholic Bible Study, 7 p.m. Mondays at Crossroads
 - ◆ Chit Chat Lunch, 11:30 a.m. Tuesdays at Crossroads
 - ◆ Promise Keepers, 11 a.m. Wednesdays, in Bldg 136, 7 p.m. Wednesdays at Crossroads
 - ◆ Family Bible Study, 7 p.m. Thursdays at Bldg. 135
- For more information on chapel programs, call 654-3424.
For more information on Jewish programs, call 654-3424.

From SiX, page 2

one, from any service, who is E-1 through E-6 can go to get free household goods, clothing, children's toys and uniform items for absolutely free.

"All items are donated or purchased by the Rising 6 to assist those junior enlisted military members in need. We even have a food pantry where individuals can go and get free groceries including diapers and baby formula."

Becoming a member of the Rising Six is easy. There are only two basic requirements for a servicemember to join.

Servicemembers must be in the ranks of E-1 through E-6, and they must pay a year due membership fee of only \$6, which they can give to any of our organization officers.

Rising Six meetings are held on the second Thursday of each month at the Stars and Stripes Lounge in the Goodfellow Club. Meetings start at 11 a.m. and usually last an hour or less.

"Anyone who becomes actively involved in our organization can rest easy knowing that they will be aiding those military members in need and making themselves better individuals at the same time. Give us a chance!"

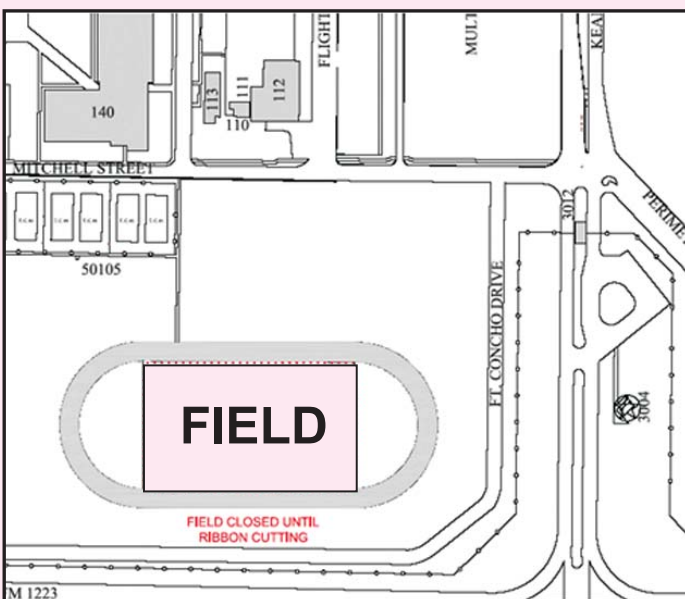
For information the Rising Six call Senior Airman Yukubu Carriker at 654-3020 or send an e-mail to yukubu.carriker@goodfellow.af.mil

Air Force Ball

Mark your calenders! Goodfellow's Air Force Ball is set for Sept. 16 at 6 p.m. at the C.J. Davidson Conference Center. (Ticket price to be determined)

The next committee meeting is scheduled for July 21 at 2 p.m. at the 17th Medical Group conference room. The committee needs volunteers and emcees; all who are interested should come to an audition July 29 at the base theatre (time yet to be determined)

For more information, call 654-3632.



Base track open for use

The base running track is now open for use. The base field is still closed until a ribbon cutting ceremony scheduled for early August.

The 17th Civil Engineer Squadron asks that all people stay off the field as the contractor continues to refine the field to its best performance.

For more information call Joshua Ludwig at 654-5953.

Skin Cancer

How to Protect Yourself

The good news is that skin cancer is highly curable if detected early and easily preventable. Unfortunately though, the rate of new skin cancer cases continues to rise each year. Melanoma, the most deadly form of skin cancer can spread rapidly. More than 4,000 men die each year from melanoma. It's important to follow preventative measures and to know what to look for in order to prevent skin cancer from developing.



Protect Yourself

The most common sites for skin cancer are on the head, neck and torso. You're at greater risk for skin cancer if you're fair-skinned.

- Whenever possible, avoid direct sunlight between 10 a.m. and 3 p.m.
- Wear protective clothing such as a broad-brimmed hat and long-sleeved shirt when working or relaxing outside.
- A half hour before going outside, apply a sunscreen lotion with a sun protection factor (SPF) of 15 or higher.
- Reapply sunscreen every two hours and after swimming or sweating.
- Avoid sun lamps and tanning booths.
- At least once a month, do a complete self-examination of your skin. Be sure to have someone check the areas you can't see such as your back and scalp.

What to Look For

Early detection is critical when it comes to skin cancer. There are a few features that skin cancers share that you should be on the lookout for. A cancerous growth is irregular in shape, unlike a mole which is round and symmetrical. If the border is jagged, not clearly defined, notched or indistinct, it's suspicious. A mole or sore 6 millimeters or larger (about the size of a pencil eraser) is abnormal. If you have a sore or mole that bears one or more of these features, contact your doctor.

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(Article provide by the Health and Wellness Center)

News every day at www.af.mil

Air Force Link



Photo by Senior Airman Michele Misiano

Safe Haven Exercise

Harold Crabtree, 17th Civil Engineer Squadron, assesses the mock injuries of Tech. Sgt. Jeff Crabtree, 17th Training Group, during the Safe Haven exercise July 12.

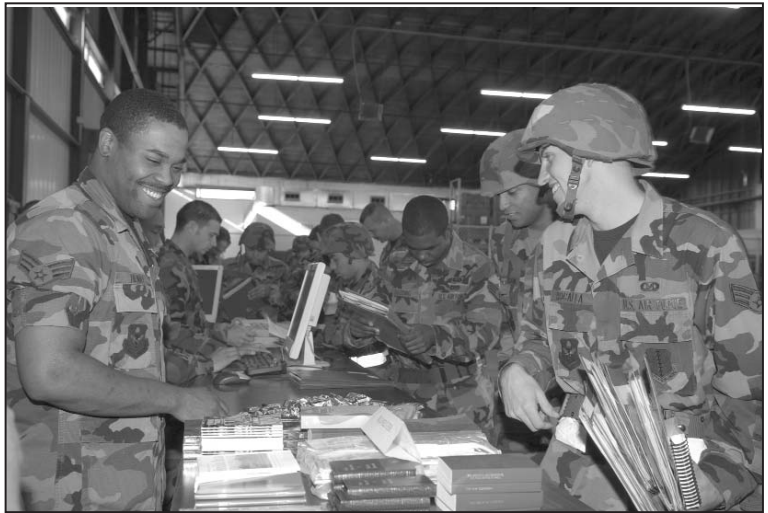


Photo by Senior Airman Michele Misiano

Mobility Exercise

Senior Airman Bryan Henry (left) and Senior Airman Geoffrey Rogalla (right), chaplain assistants with the 17th Training Wing chapel office, take part in the mobility exercise July 13 at the Vance Deployment Center.

At a Glance with Services

Goodfellow AFB
17th SERVICES
Combat Support & Community Service

LAST MONTH TO PLAY!

More Ways To Win!
Every time you participate in any of our on-going programs your card will get punched.

JOIN THE FORCE FOR YOUR CHANCE TO WIN \$500!

Fill a card, win a prize!
The more you BOWL, the more you WIN!

- 1 Pick up a punch card at your bowling center
- 2 Bowl a game or buy a large* Coca-Cola fountain drink and get your card punched
- 3 Get 10 punches - win a prize and enter monthly prize drawings
- 4 Win different prizes for three levels - red, white & blue
- 5 Enter your completed blue card for grand prizes - \$250 or \$500 cash!

Visit Your Air Force Bowling Center To Join!

Monday Family Night
Sunday Bowling & Burgers
Summer Strike Force
Say Yes to Bowling
Red Pin Bowling and
each time you purchase a Combo Meal!

WIN these and other GREAT PRIZES!

SAY NO TO DRUGS

SAY YES TO BOWLING

At Thede Bowling Center

ONE FREE GAME OF BOWLING PER DAY ALL SUMMER!

Here's How It Works!

Youth ages 4-16 years of age can bowl one free game every day this summer. Bring your game card and let a staff member sign off the day you bowl. All children must be accompanied by an adult. Subject to lane availability. Shoe rental included. Open bowling only. **Pick up your Free Game Card at Thede Bowling Center, TODAY!**

UNIT FEATURE: READINESS FLIGHT

BY AIRMAN 1ST CLASS STEPHEN MUSAL

STAFF WRITER

Unit: 17th Civil Engineer Squadron Readiness Flight

Mission: Maintain an exclusively trained and highly motivated full spectrum threat response force able to fully support, train, equip and evaluate the Goodfellow Air Force Base community.

Vision: Plan for and assist in force survivability of Goodfellow and its assets during disasters, accidents or hostile actions, at home or worldwide.

What does Readiness do? Personnel training to accomplish the primary mission under the handicaps imposed by enemy attack and acts of man and nature; training in detecting, measuring and decontaminating nuclear, biological and chemical contaminants; providing and using proper protective equipment; and establishing, training and equipping a disaster response force to handle all types of peacetime accidents and requests for assistance from the civilian community.

What is the disaster response team? The readiness flight is augmented by an 18-person Readiness Support Team, which assists them in the event of a natural or man-made disaster. If you are interested in learning about this exciting special duty, talk to your supervisor.

How can I help Readiness? "Work with supervisors and unit deployment managers to keep Airmen current and trained on CBRNE (chemical, biological, radiological, nuclear and high-yield explosives training)," said Airman 1st Class Christopher Gapetz, a readiness journeyman. "This also streamlines the deployment process, helping to fight the war on terrorism."

What if I want to retrain into Readiness? "Get all the information you can first," Airman Gapetz said. "Shadow one of us for a day, and then make your decision. It's a rewarding job."

Readiness flight staff: Wayne Click, flight chief; Master Sgt. Mark Mills, superintendent; Senior Airman Brandon Howland; and Airmen 1st Class Christopher Gapetz and David LeBeau.

All eyes on you The Goodfellow weekly spotlight

NAME: Jeff Wilkins

UNIT: 17th Civil Engineer Squadron Fire and Emergency Services Flight

DUTY TITLE: Assistant Fire Chief for Operations

TIME ON STATION: 4 years, 7 months

HOMETOWN: Phoenix, Ariz.

HOBBIES: Amateur radio, auto racing, volunteer work.

EDUCATION: Bachelor's degree in Fire Science Management

ASPIRATIONS: To become fire chief.

FAVORITE PART OF JOB: "Being involved in the fast-paced environment of emergency management services, and the ever-changing challenges it presents, is exciting. Being out there on the streets helping the members of our community when an emergency arises, being able to make a difference in someone else's life every day is so satisfying and rewarding."

FAVORITE QUOTE: "And so, my fellow Americans, ask not what your country can do for you; ask what you can do for your country."

JOHN F. KENNEDY
35TH PRESIDENT OF THE UNITED STATES



Photo by Airman 1st Class Stephen Musal

Jeff Wilkins, assistant fire chief for operations with the 17th Civil Engineer Squadron Fire and Emergency Services Flight, demonstrates how he responds to an emergency Wednesday at the base fire department.

Miss something?

Looking for back issues, want to submit a story or picture to the *Monitor* or just browse some community links? Look no further! The Goodfellow *Monitor* can be found on the internet at: <https://www.mil.goodfellow.af.mil/Monitor/>



Tobacco Cessation

The Health and Wellness Center will host hour-long Tobacco Cessation classes Thursday, as well as August 3 and August 10. The sessions are scheduled for 11:30 a.m. and 4:30 p.m.

For more info or to enroll call 654-5725 or 5962.

**** NOTE:** If attending a course is not feasible for you, please inquire about the self-managing tobacco cessation program. Services Tobacco Addiction Reduction Program (STAR)

THE BENEFITS OF QUITTING TOBACCO
Within 20 minutes of quitting - your blood pressure and pulse rate drop to normal and the temperature of your hands and feet increases to normal.

Within 8 hours of quitting - your carbon monoxide levels drop and your oxygen levels increase, both to normal levels.

Within 24 hours of quitting - your risk of a sudden heart attack decreases.

Within 48 hours of quitting - nerve endings begin to regenerate and your senses of smell and taste begin to return to normal.

Within 1 year of quitting - your risk of coronary heart disease is half that of someone still using tobacco.

WHAT (AND HOW) TO RECYCLE ON GOODFELLOW

Paper: All office paper, including envelopes

- No carbons
- No envelopes with windows
- No shredded paper
- Use gray lock bins for Privacy Act material

Newspaper: Newspaper and all inserts

- No strings, plastic binding straps or wrapper bags

Catalogs and Magazines:

- All catalogs and magazines are accepted for recycle
- Telephone books are included

Plastic: Plastic containers #1 and #2 only (all colors)

- Removed and discard all caps and lids
- Only plastic PETE #1 (soft drinks and juice bottles for example) and HDPE #2 (milk jugs and some laundry detergent bottles)

Cardboard: Corrugated boxes and brown paper bags only

- Remove packaging and flatten
- Corrugated cardboard only -- no chipboard (cereal and shoe boxes, for example)
- Absolutely no pizza boxes!

Aluminum Cans:

- Rinse cans thoroughly
- Beverage cans only - no scrap metal, aerosol cans, pie pans, etc.



**Goodfellow
Rising Six**

*Rising Six a voice
for the enlisted
men and women of
Goodfellow.*

Yearly membership is just \$6.

Buckle Up or Pay Up.

CLICK IT OR TICKET ENFORCEMENT



Safety Belts Save Lives.

That's why local law enforcement and state troopers are enforcing the state's safety belt laws for adults and children. Fines range from \$25 to \$200.

The Law in Texas.

Every person in the front seat of a vehicle must wear a safety belt. Children under 17 years old in the front or back seat must be secured with a safety belt or in a child safety seat. A child less than five years old and less than 36 inches tall must be secured in a child safety seat.



TEXAS DEPARTMENT OF TRANSPORTATION • TEXAS DEPARTMENT OF PUBLIC SAFETY
buckleuptexas.com

Be Safe.

Community

MOVIES

Movies start at 7 p.m. in the base theater unless otherwise noted. Admission is \$2 for adults and \$1 for children under 11. Movie times are subject to change without notice.

Fast and the Furious: Tokyo Drift

Today and Thursday

Lucas Black stars in this movie rated PG-13. Sean Boswell is an outsider who attempts to define himself as a hot-headed, underdog street racer. Although racing provides a temporary escape from an unhappy home and the superficial world around him, it has also made Sean unpopular with the local authorities. To avoid jail time, Sean is sent to live with his gruff, estranged father, a career military-man stationed in Tokyo.



Cars

7 p.m. Saturday and 6:30 p.m. Sunday

Owen Wilson and Paul Newman star in this G-rated movie. Lightning McQueen, a hotshot rookie race car driven to succeed, discovers that life is about the journey, not the finish line, when he finds himself unexpectedly detoured in the sleepy Route 66 town of Radiator Springs. On route across the country to the big Piston Cup Championship in California to compete against two seasoned pros, McQueen gets to know the town's offbeat characters--including Sally, a snazzy 2002 Porsche, Doc Hudson, a 1951 Hudson Hornet with a mysterious past, and Mater, a rusty but trusty tow truck voiced, who help him realize that there are more important things than trophies, fame and sponsorship.



Last week's puzzle solution:

R	A	T	E	D		E	T	A	S		S	C	A	N
A	R	O	M	A		T	I	L	E		T	O	E	A
M	E	R	I	T		S	E	E	R		A	L	O	T
P	A	T	T	I			R	E	V		R	E	N	O
					N	S	A			I	R	S		
C	H	A	R	G	E	R		E	C	O		R	I	B
R	O	B	E		E	M	O	T	E	D		O	R	E
O	N	Y	X			A	I	R			G	W	O	T
S	O	S			M	A	D	C	A	P		R	A	N
S	R	S			C	I	A		D	E	F	E	N	S
			S	I	R			E	R					
I	R	A	Q			M	S	M			A	R	M	E
M	E	N	U			A	T	O	M		N	I	E	C
A	N	N	A			N	O	N	E		C	A	N	O
M	E	E	T			S	W	A	N		E	L	A	N

July 21 to July 27 dining facility menu

Menu is subject to change

Lunch Swiss Steak with Tomato Sauce Stuffed Green Pepper Mexican Baked Chicken	Friday	Dinner Lasagna Spaghetti with Meat Sauce Italian Sausage
Brunch Grilled Steak Cajun Meat Loaf Crispy Baked Chicken	Saturday	Dinner Stir Fry Chicken with Broccoli Pork Chops with Mushroom Gravy Fish Almondine
Brunch Fried Shrimp Chicken Breast Parmesan Tuna and Noodles	Sunday	Dinner Sauerbraten Ginger Barbecue Chicken Spinach Lasagna
Lunch Swiss Steak with Tomato Sauce Baked Chicken Italian Sausage	Monday	Dinner Roast Turkey Baked Ham Fish & Fries
Lunch Barbecue Beef Cubes Yakisoba (Beef and Spaghetti) Onion-Lemon Baked Fish	Tuesday	Dinner Pork Schnitzel Steak Paprika Beef Chicken Fajitas
Lunch Sukiyaki Egg Rolls Chinese 5 Spice Chicken Caribbean Jerk Chicken	Wednesday	Dinner Country Style Steak Fried Chicken Pita Pizzas
Lunch Liver & Onions Orange Glazed Pork Chops Tempura Fried Fish	Thursday	Dinner Pasta Primavera Pepper Steak Mr. Z's Baked Chicken

Hours of operation

Western Winds

Monday to Friday

Midnight Meal ... 12:15-1:45 a.m.
Breakfast ... 5-8:15 a.m.
Lunch ... 10:30 a.m. to 1 p.m.
Dinner ... 4:30-7 p.m.

Cressman

Monday to Friday

Breakfast ... 4:30-7 a.m.
Lunch ... 10:30 a.m. to 12:30 p.m.
Dinner ... 6-8 p.m.

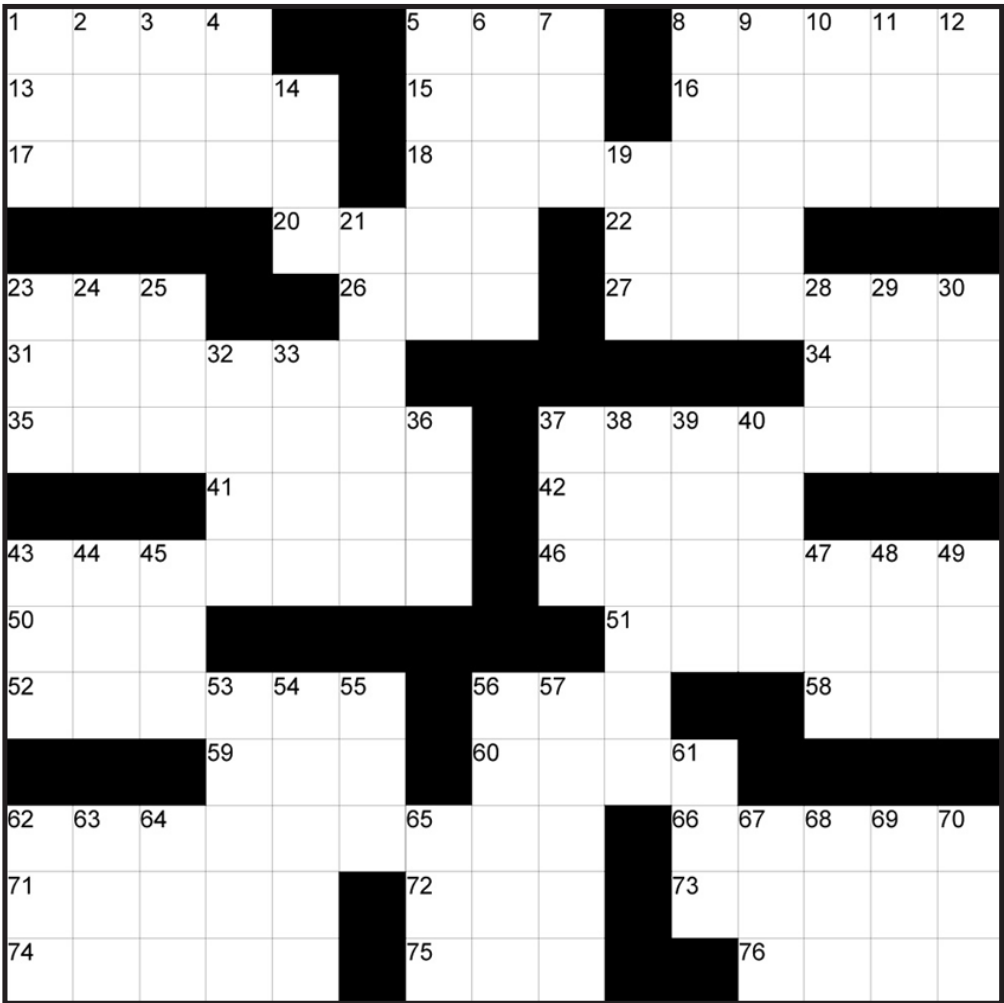
Saturday, Sunday and Holidays

Brunch ... 8 a.m. to 1 p.m.
Dinner ... 4-7 p.m.



Educating,
training, leading
and mentoring
the enlisted men
and women of
Goodfellow Air
Force Base.

The Final Frontier



Answers in next week's issue

Puzzle by Capt. Tony Wickman
Alaskan Command Public Affairs

ACROSS

- American cook-
ery expert von
S t a r k l o f f
Rombauer
- Foreign news
org.
- Urchin
- Noticing
- Singer Rawls
- Lucky Lindy's
1927 destination
- USAF spacelift
rocket
- USA's first
satellite
- Oak or elm
- Pilot with 5+
kills
- Motorist org.
- USAF NCO
report
- USA's first
space station
- Cancer or
Capricorn
- Actress Lupino
- USAF commu-
nication satellite
- USAF GPS
satellite
- ICBM treaty
- Once ___ a
Time in Mexico
- NASA's
Enterprise or
Discovery
- Added up
- Write
- Bean
- Smells
- Have pain
- Pistol
- Pub order
- Asset
- USAF pilots

- Grissom, Cooper
or Slayton
- USAF spacelift
rocket
- Mercury pro-
gram number
- Crypto org.
- Plant offspring
- MOH winner
Captain Harl ___
- Affirmative
- 2003 Jackson
movie
- DOWN**
- Danger to
ground troops, in
short
- Deli bread
- USAF website
ending
- Picnic pest
- Edit out from a
broadcast
- Tyson or
Holyfield
- Kitchen meas-
urement
- Kirk's pal
- The
Emancipation of
Mimi singer
Mariah
- Diamonds ___
Forever
- Russian space
station
- Greek letter
- Pistol, in slang
- ___ Vegas
- Total ___
- Cash machine
- Onassis nick-
name
- Earthlink com-
petitor
- Radiant

- Oklahoma
town
- Prohibit
- Attention get-
ter
- ___ Happened
___ the World's Fair
- Map path, in
short
- Acorn
- Space program
to the moon
- Rock the ___
- Fabric tear
- Health resort
- Death
Becomes ___
- Card game
- Bear
- Flightless bird
- Lair
- Female horses
- Isolated
- Rep.'s house
partner
- Mistreat
- Greek letters
- AFB equivalent
- Cleo killer
- Observe
- Tenn. Power
assoc.
- ___ Given
Sunday
- USAF school
for 62 ACROSS,
perhaps
- A ___ Down
Dirty Shame
- ND coach
Parseghian
- ___ It Off

Sailor Booster Club
Annual Golf Tournament

\$55 Per Player (Includes catered lunch, beverages and more...)

For more information or to register:
Call Caleb McDonald at 654-4482.
Registration limited to the first 28 Teams



Quicksand Golf Course
September 8
4-Person Scramble
Shotgun Start: 8:30 a.m.



Goodfellow Friendship
Charity Golf Tourney

Quicksand Golf Course
August 4
Cost: \$60 per player
Registration 6:30 a.m.
120 Golfers - 30 Teams



Enjoy 18 holes of golf (including cart), lunch, and door prizes for each player. Tourney helps support operation WarmHeart; a program for assisting our military members in times of need. You'll help provide food baskets, calling cards, and other essential morale items; especially to the families of our deployed service-members.

Deadline for registration is July 24.

For more information, call Marge Elliott (day) at 654-3407 or (evening) 653-6800.

Circuit Training For Kids!

July 10 through August 5
Kids ages 8-15 yr
Mondays, Wednesdays & Fridays
12:30 to 1:30 p.m.
Carswell Field House

The Youth Center staff has teamed up with the Fitness Center staff to bring you a super kids workout. They will learn about cardiovascular fitness. Goal setting and how to achieve their age appropriate goals.

While Having Lots Of Fun!

Cost is \$25
Sign up at the Youth Center-Bldg 915

FMI: 654-5127



Hey, check this out!



Photo by Airman 1st Class Luis Loza Gutierrez

Pop in the coin and take a few swings

Airman 1st Class Charles O'Connor, 17th Security Forces Squadron installation entry controller, pops in a few tokens for one last round of pitches Wednesday evening at the base batting cage across the street from the community center. Airman O'Connor wore a batting helmet while he was swinging at pitches. The batting cages is one of many amenities offered on base by the community center. Tokens, each worth 15 pitches, can be purchased for 50 cents at the community center.



Notice to
our Patrons:

Due to AETC funding cutbacks, we will no longer be able to provide a towel service after Oct. 1.

From this time forward, our towel supply will gradually diminish until it is depleted.

Cutbacks will also affect the following areas:

Group Exercise Classes will require a fee as instructors will be contracted.

Intramural Sports Officials will no longer be funded. Alternatives will be considered.



Don't Drown
Your Career

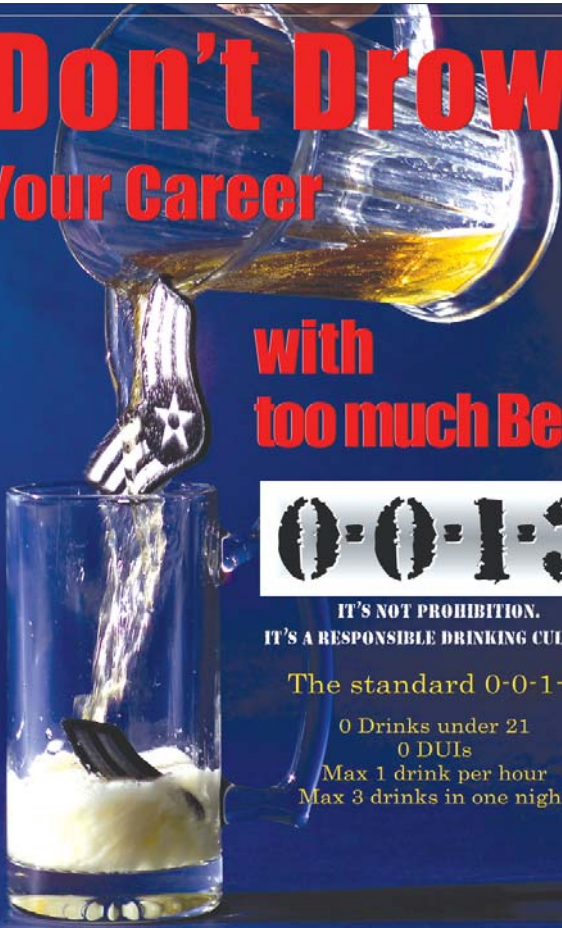
with
too much Beer

0-0-1-3

IT'S NOT PROHIBITION.
IT'S A RESPONSIBLE DRINKING CULTURE.

The standard 0-0-1-3

0 Drinks under 21
0 DUIs
Max 1 drink per hour
Max 3 drinks in one night



How does alcohol affect a driver?
How does alcohol affect a driver?
How does alcohol affect a driver?
How does alcohol affect a driver?

Alcohol acts like an anesthetic dulling of the brain parts that enable people to make sensible decisions, resulting in poor judgement.

Drinking slows reflexes and hinders coordination.

Drinking may cause drowsiness, increasing the chances for a TRAFFIC ACCIDENT.

